

# Quick + Tasty

whale+ale

Available 12pm - 5:30pm Daily

## Starters

<b>Soup of the Day</b>		<b>6.9</b>
Served with garlic bread		
<b>Garlic + Herb Bread</b>		<b>5.9</b>
4 pieces toasted to perfection	add cheese	+2
<b>Warm Bruschetta</b>		<b>8.9</b>
Toasted garlic bread tossed with diced red onion, chopped fresh tomato, soaked in olive oil, garlic and aged balsamic topped with fresh garden herbs	add chorizo	+2
	add feta	+2
<b>Sizzling Garlic Prawns</b>		<b>13.9</b>
6 prawns tossed in your choice of garlic butter or honey soy served with steamed rice		
<b>Turkish Bread + Dips</b>		<b>10.9</b>

## Salads

<b>Seafood Satay</b>		<b>19.9</b>
Skewered and pan seared scallops, prawns + salmon served on warmed nicoise salad drizzled with lime and coriander dressing		
<b>Moroccan Spiced Lamb Salad</b>		<b>23.9</b>
Tender lamb rump sliced + pan fried in moroccan spices served on a mediterranean salad		
<b>Chicken + Cashew Salad</b>		<b>19.9</b>
Chicken tenderloins tossed in butter, cashew nuts + warm aged balsamic dressing served on summer greens		
<b>Salt + Pepper Squid</b>		<b>19.9</b>
Salt + pepper crumbed squid lightly fried, served on a crispy noodle salad		
<b>Classic Caesar Salad</b>		<b>17.9</b>
Baby cos lettuce, crispy bacon, garlic croutons, anchovies, parmesan cheese all tossed in our home made caesar dressing + topped with a warm poached egg	add avocado	+ 1.5
	add chicken	+ 2
<b>Traditional Greek Salad</b>		<b>18.9</b>
Baby spinach, diced tomatoes, cucumber, red onion, capsicums, feta cheese, olive +fresh basil tossed in olive oil, salt +pepper + fresh lemon juice		

## Mains

<b>Fettuccine Di Pollo</b>		<b>18.9</b>
Chicken, spinach, onion and mushroom tossed through fettuccine pasta with a creamy garlic sauce	add chorizo	+2
<b>Seafood Marinara</b>		<b>22.9</b>
Seafood medley sautéed with mushroom, onion+ garlic finished with napolitan sauce tossed through fettuccine pasta		
<b>Traditional Lasagne</b>		<b>18.9</b>
Layers of pasta + bolognaise sauce topped with creamy garlic béchamel sauce+ cheese		
<b>Surf +Turf</b>		<b>29.9</b>
Grilled 400gm T-Bone steak cooked to your liking and topped with 3 juicy prawns + calamari and a creamy garlic sauce		
<b>Tuna Baked Potato</b>		<b>11.9</b>
Baked potato filled with creamed sweet corn + tuna and smothered with melted cheese and sour cream		
<b>Rump Steak</b>		<b>25.9</b>
350gm steak cooked to your liking, served with chips + your choice of mushroom, pepper, garlic or béarnaise sauce		
<b>Blackened Cajun Spiced Barramundi</b>		<b>24.9</b>
Barramundi fillet rolled in cajun spices and grilled served on salad greens with a coriander + lime aioli		
<b>Spinach + Ricotta Cannelloni</b>		<b>18.9</b>
Tubes of pasta filled with spinach + ricotta cheese topped with napolitan sauce + grilled cheese served with salad		
<b>Chicken Marsala</b>		<b>24.9</b>
Breast of chicken cooked in marsala, cream, onions, mushrooms and herbs, served with mash potato and green beans		
<b>Asian Spiced Salmon</b>		<b>25.9</b>
Asian spiced atlantic salmon topped with asparagus and bok choy served with steamed rice		
<b>Mussel Pot</b>		<b>19.9</b>
Freshly steamed in your choice of spicy chilli sauce or white wine + creamy garlic sauce served with garlic bread		